

SUN 31	MON Aug 1	TUE 2	WED 3	THU 4	FRI 5	SAT 6
	● 9am Aqua S	● 6:30am Dee ● 10am Deep	● 10am Tone	● 6:30am Dee ● 10am Danc	● 9am Aqua S ● 10am Saltw	● 9am Rise + ● 10am Rise
7	● 9am Aqua S	● 6:30am Dee ● 10am Deep	● 10am Tone	● 6:30am Dee ● 10am Danc	● 9am Aqua S ● 10am Saltw	● 9am Rise + ● 10am Rise
14	● 9am Aqua S	● 6:30am Dee ● 10am Deep	● 10am Tone	● 6:30am Dee ● 10am Danc	● 9am Aqua S ● 10am Saltw	● 9am Rise + ● 10am Rise
21	● 9am Aqua S	● 6:30am Dee ● 10am Deep	● 10am Tone	● 6:30am Dee ● 10am Danc	● 9am Aqua S ● 9am Aqua S ● 10am Saltw	● 9am Rise + ● 10am Rise
28	● 9am Aqua S	● 6:30am Dee ● 10am Deep	● 10am Tone	● 6:30am Dee ● 10am Danc	● 9am Aqua S ● 10am Saltw	● 9am Rise + ● 10am Rise



